

## Thrive activities useful for parents of children up to 11 years old – week eleven

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills. We have put together some daily activities to support social and emotional development through the arts, play and creativity.

Monday	Card pyramid - can you build a pyramid out of playing cards? <a href="#">Click here</a> to see how!
Tuesday	Make your own bookmark to use in your favourite book.
Wednesday	Learn a bunch of jokes and tell them to your family. You could use this <a href="#">link</a> to learn some jokes that you have never heard before.
Thursday	Create a giant paper aeroplane. Follow the <a href="#">link</a> to see how you can make your own.
Friday	Domino fall - line up dominoes next to each other, knock one over and watch them fall. Can you line up the dominoes to create patterns or words?
Saturday	Indoor bowling alley - stack up some plastic cups, plastic bottles or blocks, and create your own bowling alley. Use a ball to roll down and see how many you can knock over.
Sunday	Mix n match - draw 4 matching pairs of faces, patterns or animals on some paper plates or pieces of paper. Mix them up, place them down in a grid and turn them over. Then take it in turns to turn the paper or plate over and see if you can find the matching pair. If it doesn't match, turn the picture back over.

### Top Tips:

- ✓ Draw up a routine of what you are doing and when.
- ✓ Keep cardboard boxes or clean recycling objects to use for arts later.
- ✓ Don't worry if things go wrong - play can be fun and endings can be difficult.