

EAST LOCALITY – COMMUNITY FOCUS

WEEKLY BULLETIN 157

Date: 18.06.19

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Please email: cs.cpcc.gtyarmouth@norfolk.gov.uk, if:

- **you would like to be added to the distribution list for this bulletin**
- **you wish to be removed from the distribution list**
- **you have any items which you would like to be included in the bulletin**
- **you need any other help or information**

The information provided in our bulletins is sent to us from various sources. We try to ensure the information is correct at the time of publication but there may be some inadvertent errors. Publication in our bulletin does not necessarily constitute an endorsement of a service / organisation and we would advise you to take reasonable steps to check the services offered and organisation prior to using them – especially if you are referring children, young people and vulnerable adults to a service. Norfolk County Council cannot accept any liability for any services provided by a third party.

EVENTS



Summer Activities Now Open for booking

We have a great range of summer activities for everyone, and even better they are now available for booking be sure to check them out as soon as you can!

<https://www.asdhelpinghands.org.uk/supporting-you>

Source: ASD Helping Hands

THE HISTORY ROADSHOW

with Terry Deary
(author of the Horrible Histories)
Live on stage

Saturday 29 June, 2 - 3.30pm

Sunday 30 June, 10am - 12.30pm

Terry Deary, author of the Horrible Histories books and TV show, brings his one man show to Great Yarmouth, including his songs!

Ticket includes the performance at **St George's Theatre**, entry to **Time & Tide** museum and a book signing after the show.

Booking essential. Performance hosted by **St George's Theatre**. Book via 01493 331484 or www.stgeorgestheatre.com.

Adult £15, Child £12, Family £50.

For a 10% discount off your ticket, use this code:

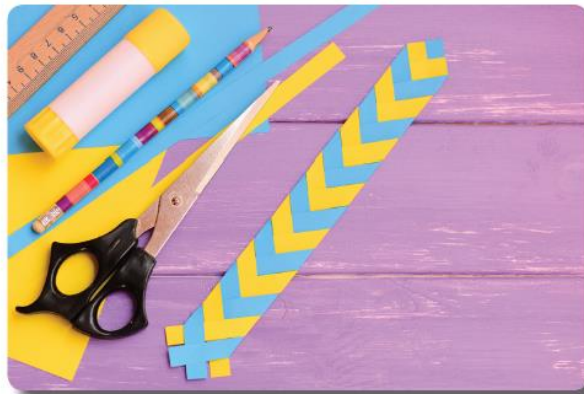
Museum0379



Source: Museums Newsletter

Make a bookmark Free craft session

Get the children ready for the summer reading challenging by joining our fun craft session where you will learn to design and create bookmarks.



**Monday 29 July 2019
10am to 12noon**

**Great Yarmouth Library,
Tolhouse Street,
Great Yarmouth,
NR30 2SH**

**For further information and to book your place,
please contact:**

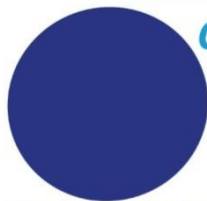
Rachel Dunn:
CLDO@norfolk.gov.uk
07450 717150

 **Connected**
in your
Community
Open Day

YOUR
COMMUNAL ROOM
NEEDS YOU!



Charter Close communal room
Wednesday 26th June
@ 13.30—16.00



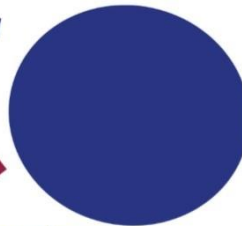
***Come along and meet your
Neighbourhood Team
Tell us what matters to
you over a cuppa***



***Get involved & help plan the future of tenant led
communal room activities***

***Get out and about with groups, projects
and services available in your area***

***Meet new friends, build relationships,
share your ideas & suggestions with your neighbourhood***



For more information please contact
MESH Neighbourhood Office, Shrublands Y & A Centre, Magdalen Way, Gorleston
Tel: 01493 604739

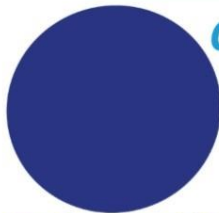


 **Connected**
in your
Community
Open Day

YOUR
COMMUNAL ROOM
NEEDS YOU!



Davoll's Court and Conway Road Communal Room
Wednesday 10th July
@ 10.30—12.00



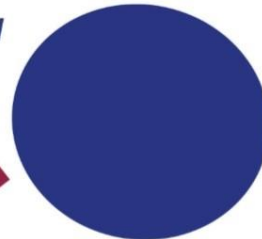
*Come along and meet your
Neighbourhood Team
Tell us what matters to
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*Get involved & help plan the future of tenant led
communal room activities*

*Get out and about with groups, projects
and services available in your area*

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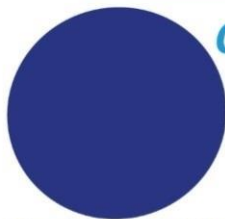


 **Connected**
in your
Community
Open Day

YOUR
COMMUNAL ROOM
NEEDS YOU!



Genista Green / Cherry Road Communal Room
Tuesday 9th July
@ 11.00 - 13.00



*Come along and meet your
Neighbourhood Team
Tell us what matters to
you over a cuppa*

*Get involved & help plan the future of tenant led
communal room activities*

*Get out and about with groups, projects
and services available in your area*

*Meet new friends, build relationships,
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For more information please contact

MESH Neighbourhood Office, Shrublands Y & A Centre, Magdalen Way, Gorleston
Tel: 01493 604739



TRAINING



Healthy habits for your head

Do you sometimes feel overwhelmed and need time out?
Norfolk Community Learning Services invite you to join us for a
free and fun course at:

**Community Roots, 2 Queen Anne's Road,
Great Yarmouth, NR31 0LE**



FREE 5 week course

Starts: Monday 17 June 2019
until: Monday 15 July 2019
1pm to 3pm

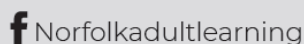


You will:

- Identify ways to manage your emotions, stress and anxiety
- Discover ways to bounce back and feel energised
- Learn vital skills to help you through the day
- Have fun and meet new people

We would love you to join us!

To find out more and book your place,
email Rachel Dunn:
CLDO@norfolk.gov.uk
or call:
07450 717150



Buying and Selling Online



**Join us for a free and fun taster session on
buying and selling online**

Gorleston Library,
Lowestoft Road,
Gorleston,
NR31 6SG

**www.norfolk.gov.uk/adultlearning
0344 800 8020**

 Norfolkadultlearning

 @NorfolkCLS





Buying and selling online - booking now

What will I learn?

- Discover how to buy and sell items online
- Learn how to present your items and text
- How to price an item and charge for postage
- Set up an online shop or auction

By the end the of course you will be on the way to starting your own small online business. Our Buying and Selling session is friendly and relaxed. You can work at your own pace and ask questions at any time. You can bring along your own device such as an Apple or Android phone or iPad. If you don't have an iPad or device we can bring some along on the day!

Friday 21 June 2019
10am to 12noon

Gorleston Library,
Lowestoft Road,
Gorleston,
NR31 6SG

**To find out more book and your place,
please contact Rachel Dunn:**

CLDO@norfolk.gov.uk

07450 717150

or please speak to a member
of the library team

We have helped over 1000 learners use the Internet with confidence in the last 5 years, so stop being left behind and get connected today!



In the zone!



Lose yourself in a short, relaxing and mindful walk whilst you tune your senses into everything around you.

Back at Great Yarmouth Library we will share our experience and learn survival techniques to manage stress and everyday life

Every Monday 17 June to the 15 July
10.00am -12.00pm
Meet at Great Yarmouth Library




For more information and to reserve your place contact:

**Rachel Dunn via email: CLDO@norfolk.gov.uk
or via telephone 07450 717150**





Access to Engineering/Mechanics

This new 'Access to Engineering/Mechanics' course* is a 6 session funded course, aimed at those looking for entry into the Motor Vehicle Engineering/Mechanics Industry

- Get an introduction to the skills needed to gain employment in the Motor Vehicle industry, or to move on to further training
- Get vocational training in an industrial workshop setting
- Visit employer premises or places of work
- Explore entry level jobs and get hands-on experience
- Hear from employees in the Motor Vehicle industry
- Get support with applying for further training, related courses or for employment opportunities within the sector



Course start date:
Tuesday 25th June

To reserve a place, or refer someone, please call or email on the details below

** Fully funded. Eligibility criteria applies, see overleaf*



www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308



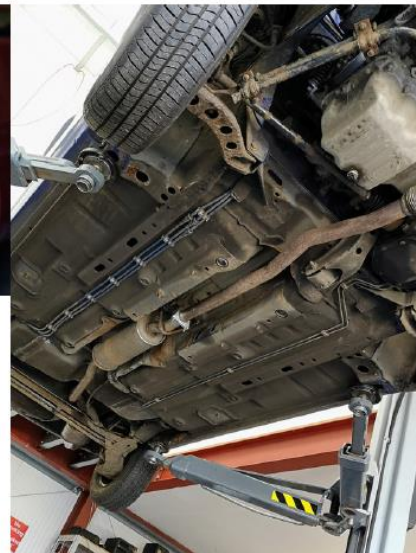


Access to Engineering/Mechanics

2019 Course session dates:

- Tuesday 25th June
- Tuesday 2nd July
- Tuesday 9th July
- Tuesday 16th July
- Tuesday 23rd July
- Tuesday 30th July

All PPE and equipment is provided. Places on this course are subject to the eligibility criteria below and are strictly limited, so early booking is advisable. **Our contact details are below, please call or email for an application form.**



Eligibility criteria;

- Aged 25 or over
- Have the right to work in the UK
- Been unemployed for the last 12 months
- Live in Norfolk
- Be open to the idea of making positive changes and motivated to progress into education, voluntary work, employment or training courses

www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308



Source: Lanie Vincent, ACE



Access to Childcare & Care Sector

This new 'Access to...' course* is a 6 session course, aimed at those looking for entry into the Childcare or Care Industry

- Get an introduction to the skills needed to gain employment within those areas
- Get on-site, certificated, vocational training
- Participate in visits to relevant employer premises
- Explore entry level career options
- Meet current employees within the chosen sectors
- Get support with applying for related courses or for employment applications



Course start date: Thursday 20th June

To book a place, or refer someone, please call or email on the details below

** Fully funded. eligibility criteria applies, see overleaf*



www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308





Access to Childcare & Care Sector

2019 Course session dates:

- Thursday 20th June
- Thursday 27th June
- Thursday 4th July
- Thursday 11th July
- Thursday 18th July
- Thursday 1st August

Places on this course are subject to the eligibility criteria below and are strictly limited, so early booking is advisable.

Our contact details are below, please call or email for an application form.



Eligibility criteria;

- Aged 25 or over
- Have the right to work in the UK
- Been unemployed for the last 12 months
- Live in Norfolk
- Be open to the idea of making positive changes and motivated to progress into education, voluntary work, employment or training courses.



www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308



Source: Lanie Vincent, ACE



Access to Catering & Hospitality

This new 'Access to Catering and Hospitality' course* is a 6 session course, aimed at those looking for entry into the Catering and Hospitality Industry

- Get an introduction to the skills needed to gain employment in the catering and hospitality industry
- Get vocational, certificated training in an industrial kitchen
- Visit employer premises or places of work
- Explore entry level jobs and get hands-on training
- Hear from employees in the catering and hospitality industry
- Get support with applying for related courses or for employment opportunities



Course start date: Monday 24th June

To reserve a place, or refer someone, please call or email on the details below

** Fully funded. Eligibility criteria applies, see overleaf*



www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308





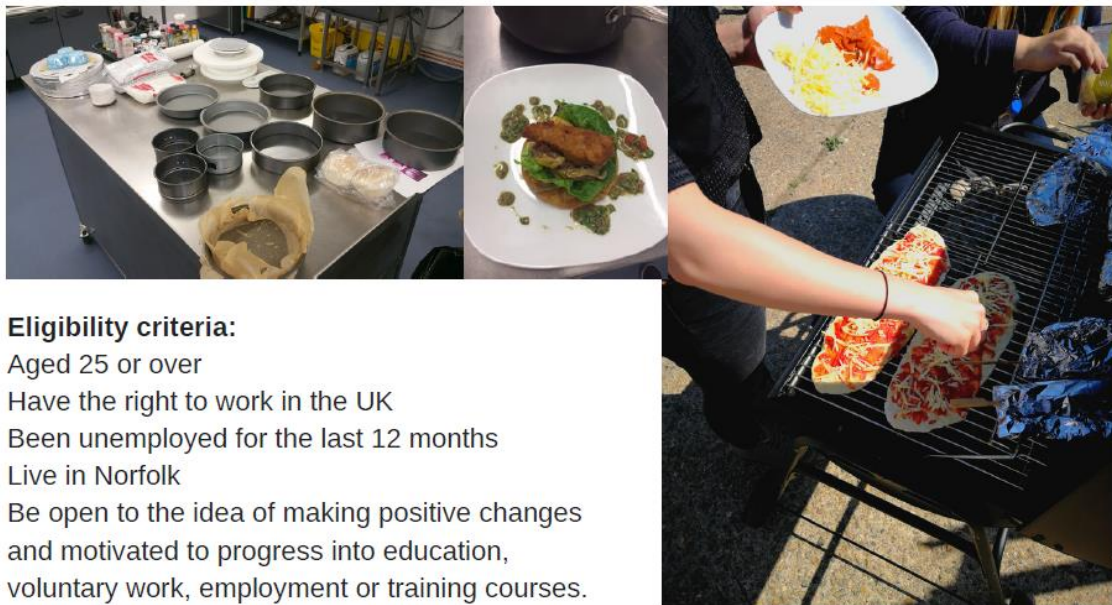
Access to Catering & Hospitality

2019 Course session dates:

- Monday 24th June
- Tuesday 25th June
- Monday 1st July
- Tuesday 2nd July
- Monday 8th July
- Tuesday 9th July

Places on this course are subject to the eligibility criteria below and are strictly limited, so early booking is advisable.

Our contact details are below, please call or email for an application form.



Eligibility criteria:

- Aged 25 or over
- Have the right to work in the UK
- Been unemployed for the last 12 months
- Live in Norfolk
- Be open to the idea of making positive changes and motivated to progress into education, voluntary work, employment or training courses.

www.ace-project.org.uk • info@ace-project.org.uk • 01603 720308



Source: Lanie Vincent, ACE

Independent Living Skills (ILS) courses starting September 2019

Live. Life. Healthy



Come and join us at our county wide roadshows to find out about the ILS courses we are offering in 2019/20. There will be cooking demonstrations for the Joy of Food Team and a chance to talk to the tutors about the courses.

See inside for the full list of roadshow dates and times.



What is the 'Healthy Food Healthy Lifestyle' Programme?

We are pleased to announce that our new ILS programme will be delivered at 15 venues right across Norfolk starting this September 2019.

Courses run in 3 x 10-week blocks and they are FREE.



Independent Living Skills Roadshow Dates

Roadshow area	Venue	Date	Time
WI Hall Cromer	Garden Street, Cromer, NR27 9HN	Tuesday 18 June 2019	10am to 12noon
Great Yarmouth Hub	Suffolk Road, Gorleston, NR31 0LJ	Tuesday 18 June 2019	2.30pm to 4.30pm
James Paget Hospital	Lowestoft Road, Gorleston, NR31 6LA	Wednesday 19 June 2019	10am to 3pm
Attleborough Connaught Hall	Station Road, Attleborough, NR17 2AS	Friday 21 June 2019	10am to 12noon
Diss Hope Church	Vince's Road, Diss, IP22 4HG	Friday 21 June 2019	2pm to 4pm
Holt Hub	Charles Road, Holt, NR25 6DA	Tuesday 25 June 2019	10am to 12noon
First Move	Artillery Square, Great Yarmouth, NR30 2LR	Friday 5 July 2019	10am to 12noon



The roadshows are free to attend and no booking is required - just come along and join in the fun!

Independent Living Skills Roadshow Dates

Roadshow area	Venue	Date	Time
Icenl Care	12 Queen's Road, Great Yarmouth, NR30 3HT	Friday 5 July 2019	2pm to 4pm
Faro Lodge	Galyon Road, King's Lynn, PE30 3YE	Tuesday 16 July 2019	2pm to 4pm
Dereham Hub	Rash's Green Industrial Estate, Toftwood, Dereham, NR19 1JG	Tuesday 16 July 2019	10am to 12noon
Norwich Central Baptist Church	Duke Street, Norwich, NR3 3AP	Friday 19 July 2019	10am to 12noon
Swaffham Assembly Rooms	13 Market Place, Swaffham, PE37 7AB	Tuesday 23 July 2019	10am to 12noon
Providence St Community Centre	Providence St, Kings Lynn, PE30 5ET	Tuesday 23 July 2019	2pm to 4pm



Enrolments for the autumn term courses can be made at the roadshows


To find out more about how our Independent Living Skills courses can make a difference, please contact:

Sharon Lock, Curriculum Manager, Independent Living Skills: 01603 306530
sharon.lock@norfolk.gov.uk

Sara Coleman, Subject Co-ordinator, Independent Living Skills: 01603 306565/07450 716860
sara.colman2@norfolk.gov.uk

independent.living.skills@norfolk.gov.uk

www.norfolk.gov.uk/adultlearning
0344 800 8020

 Norfolkadultlearning

 @NorfolkCLS

Source: Sharon Lock, Adult Learning



www.carersmatternorfolk.org.uk

Training for Carers Groups

Carers Matter Norfolk can provide FREE education and training sessions to carers groups (we consider a carers group to be where 50% of the members / attendees are unpaid carers) across the county. These groups mainly meet in community venues and local NHS hospitals / estates.

We can also provide GRANTS to carers groups. For more information please email:- grants@carersmatternorfolk.org

Source: Kevin Vaughan, Carers Matter Norfolk

DIRECTORY

Is your organisation or service registered on the Norfolk Community Directory:



Visit the Norfolk County Council website - <https://communitydirectory.norfolk.gov.uk/>

and click on the link to add your service

VACANCIES



Associate Support Manager

£32,894.29

(rising to £35,016.50 after successful completion of 6 months' probation period)

Full Time 37.5 hours

Fixed Term 12-month contract (maternity cover)

Wellbeing Norfolk and Waveney is a high performing Improving Access to Psychological Therapies (IAPT) service which is delivered as part of a well-established partnership between Norfolk & Suffolk NHS Foundation Trust (NSFT), Mind and Relate. Our IAPT service provides community orientated, evidence-based psychological therapies for people from the age of 16 with common mental health problems of anxiety and low mood with a range of presentations.

We offer a range of psychological, employment and social interventions across Norfolk & Waveney to over 18,000 people every year. At Step 2 this includes high volume evidence-based practice in the form of one-to-one guided self-help, predominantly delivered by telephone, psychoeducational groups and computerised CBT. At step 3 we offer individual and group CBT, Mindfulness Based Cognitive Therapy, Interpersonal Therapy, Couples Therapy for Depression, Counselling for Depression and EMDR. The social interventions we offer include one-to-one Peer Support and Employment Support, and everyone accessing the service has the opportunity to attend any of our social events, and/or become involved as an Ambassador for the service to help promote the service and shape its development.

Wellbeing Norfolk and Waveney is expanding, and we are beginning to work with people living with Long Term Conditions (physical health problems). We will offer evidence based psychological treatments to help individuals to live well with their condition, and strengthen links with key physical health colleagues in our area.

We want patients and staff to recommend our organisation as a place where they would be happy for their friends and family to be treated. You can help us do this by bringing your skills, experience and commitment to Wellbeing Norfolk and Waveney. We are a strongly clinically led service and the development of our staff is important to us. You will receive regular supervision as well as in service training and CPD days that ensure your continued learning and development. We are a research-friendly service currently involved in a number of projects focussing on improving outcomes for our service users, and ways of improving the support offered to therapists to improve therapeutic skills.

We are also passionate about technology, utilising virtual reality and other innovations where these aid therapy and improve the experience for our service users.

Wellbeing Norfolk and Waveney is an equal opportunities employer, and our workforce is currently under-represented from people from Black and Minority Ethnic and disabled communities. We would welcome applications from people from these communities as we want our workforce to reflect the communities we serve.

This is an exciting time to be joining Mind and becoming part of the partnership with the Norfolk & Suffolk Mental Health Foundation Trust delivering services within the provision of the Norfolk and Waveney Wellbeing Service.

The purpose of the role is to manage the strategic and operational planning and delivery of a programme of social interventions including peer support, employment support, and social activities, and ensure seamless integration between social and clinical interventions.

The successful candidate will champion the Mind ethos within the service, and act as the key link between the partner organisations. They will also actively monitor performance and quality and provide an oversight direction for the on-going evaluation and development of the social elements of the Wellbeing service in Norfolk and Waveney.

The successful candidate will be highly organised, be able to work autonomously and with a creative and collaborative approach and above all be able to inspire others.

A full driving license and access to own transport is essential for this role.

If you have a proven track record at a senior level, can demonstrate previous success in shaping and future proofing services we would love to hear from you.

Please click on the following link to apply:

<https://norwichandcentralnorfolkmind.peoplehr.net/Pages/JobBoard/Opening.aspx?v=65b428ab-4fbd-40f2-8ac7-6379c3ba2ce9>

Closing Date: **1st July 2019**

Interview Date: **11th July 2019**

Source: Ayshea Christian, GYW Mind

**RECOVERY WORKERS (full-time and zero hours)**

Salary: **Recovery Workers** £17,842 (£36.92 for Sleep-ins)

Bank Workers £9.15 ph (£36.92 for sleep-ins)

Enhanced payments for working bank holidays.

Hours: Evening, Weekend Bank Holiday working required, plus sleep-ins which are in addition to contracted hours.

Location: Great Yarmouth

Are you interested in mental health? Do you want to learn more about how people recover from experiences like depression, anxiety and psychosis? Do you want to help people as they find their feet and rebuild their lives? Great Yarmouth and Waveney Mind and St Martins are looking for passionate people who want to make a difference.

Working in recovery means supporting people to make sense of their experiences, to identify what gives their life purpose and then to help them rebuild their lives after a period of crisis. You will enjoy fostering creative, meaningful and hopeful connections with people which empower them to focus on what they can do.

We are looking for people with experience or knowledge that could help improve someone's mental health, their physical health, their social networks and their engagement with specialist services. You do not necessarily need to have experience in the mental health field if you have it in other areas of social care.

In return we will provide you with recovery-focused, trauma-informed training that will prepare you to do the best job possible. You will have the support of a team and line-manager which will include reflective practice and supervision. You will also have the opportunity to develop your skills and work for one of the leading mental health charities in the county.

The roles will require working flexibly and remotely as part of a geographically-spread team, including daily local travel within the service locality and, where appropriate, working within wider localities across Norfolk.

If you want to be a part of shaping the future for the better and have the drive to help others to maximise their potential then we would love to hear from you.

Please apply immediately, sending your completed application form to hr@gwymind.org.uk.

Interviews will be arranged flexibly around you. If you would like to find out more about the new service or the roles please visit www.gwymind.org.uk.

Bank Workers will form a pool of people who can be called upon on a flexible basis and payment will be made for hours worked.

Source: Ayshea Christian, GYW Mind

SURVEY/FEEDBACK

Selective Licensing in The Nelson Ward

Do you or people inside your organisation visit properties within the Nelson Ward of Great Yarmouth?

Since 7 January 2019, The Selective Licensing Scheme has required landlords of most private rented housing in the area to have their properties licensed, and to comply with license conditions. These conditions mean higher expectations of what a safe home looks like and aims to bring all private rented sector landlords up to a level standard, the Scheme also ensures that tenants take responsibility for their actions which we are confident will help us reduce anti social behaviour, improving the living conditions for all.

We encourage you to contact us to see how Selective Licensing supports the vital work you and your organisations are carrying out. Any feedback or questions you may have is greatly welcomed.

We are actively looking at ways of engaging with tenants and are seeking input on producing frequently asked questions, and website content from a tenants perspective.

Please contact us with any feedback and suggestions using the details below

The Selective Licensing Team
Environmental Services
Great Yarmouth Borough Council
Tel: 01493 846636
em@il slicence@great-yarmouth.gov.uk
www.great-yarmouth.gov.uk/selective-licensing



Source: David Addy, GYBC