

Embedding British Values through PATHS



| YR/1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
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| Unit 1 Fostering Positive Classroom | Unit 1 Establishing a Positive Classroom Environ | Unit 1 Establishing a Positive Classroom/ Enhancing Self-Esteem | Unit 1: Getting Started and Introduction | Unit 1 Getting Started and Introduction | Lesson 1 PATHS review/PATHS Pupil of the Day- Complimenting |
| Lesson 1 Circle Rules | Lesson 1 Formulating Classroom Rules | Lesson 1 Classroom Rules: Mr Jones' Class | Lesson 1 Formulating Classroom Rules | Lesson 1 Formulating Classroom Rules | Lesson 2 All About Us |
| Lesson 2 PATHS Animals: | Lesson 2 PATHS Readiness Lesson | Lesson 2 PATHS Pupil of the Day (Complimenting) | Lesson 2 PATHS Pupil of the Day | Lesson 2 PATHS Review/PATHS Pupil of the Day (Complimenting) | Lesson 3: Reviewing the Problem-Solving Chart |
| Lesson 3 PATHS pupil of the day | Lesson 3 PATHS Pupil of the Day – Complimenting | Unit 2 Basic Emotions | Lesson 3 Co-operative Learning Skills | Lesson 3 Co-operative Learning Skills | Lesson 4 Learning a Way to Calm Down |
| Lesson 4 Compliments 1 | Unit 2 Introduction to Feelings | Lesson 3 Introduction to Feelings – Happy, Sad and Private | Lesson 4 The Golden Rule | Lesson 4 The Golden Rule | Lesson 5 More ways to Calm Down and Handle Stress |
| Unit 2 Basic feelings 1 | Lesson 4 Introduction to Feelings | Lesson 4 Fine, Excited and Tired | Lesson 5: Listening To Others | Lesson 5 Introduction to Feelings – Feelings Poster | Lesson 6 Making Good Decisions |
| Lesson 5 We all have feelings | Lesson 5 Happy, Sad, Private | Lesson 5 Scared/Afraid and Safe | Unit 2 Feelings and Relationships | Lesson 6 Recognising and Controlling Anger – 3 Steps for Calming Down Poster | Lesson 7 Getting Help from Others |
| Lesson 6 Happy | Lesson 6 Activities on Happy and Sad | Lesson 6 Cross/Angry I | Lesson 6 Introduction to Feelings | Lesson 7 Feelings Dictionary | Unit 2 Study and Organisational Skills |
| Lesson 7 Sad | Lesson 7 Fine, Excited, Tired | Lesson 7 Cross/ Angry II - Recognising Angry | Lesson 7 Recognising and Controlling Anger | Lesson 8 My Own Feelings Story | Lesson 8 Study Skills- Part 1 |
| Lesson 8 Twiddle makes friends | Lesson 8 Activities on Excited and Tired and A Review All Feelings | Lesson 8 Calm, Relaxed and Worried | Lesson 8 Control Signals Poster 1 | Unit 2 Problem Solving | Lesson 9 Study Skills- part 2 – H.E.Y |
| Lesson 9 Compliments 2 | Unit 3 Feelings and Behaviours | Lesson 9 PATHS Review Lesson I | Lesson 9 Control Signals Poster 2 | Lesson 9 Treasure Hunt: Problem-Solving Review | Lesson 10: Good Listening Skills |
| Unit 3 Basic Feelings 2 | Lesson 9 Scared or Afraid, Safe | Unit 3: Improving Self-Control, Self-Awareness and Anger Management | Lesson 10 PATHS Feelings Dictionary | Lesson 10 Making Good Decisions - My Choice | Lesson 11 Story – 'Triple T' |
| Lesson 10 Angry 1 | Lesson 10 Activities on Scared or Afraid and Safe | Lesson 10 Self-Control I: Steps For Calming Down | Lesson 11 Feelings Intensity | Lesson 11 Identifying Problems - Feelings, Goals and Solutions | Lesson 12: S.E.T |
| Lesson 11 Scared or Afraid | Lesson 11 Cross or Angry | Lesson 11 Self-Control II: Learning Self- Control | Lesson 12 My Own Feelings Story | Lesson 12 Consequences: What Might Happen Next? | Lesson 13 Study Skills- Being Organised |

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| Lesson 12 My feelings | Lesson 12 PATHS Review Lesson | Lesson 12 Control Signals Poster I: Anger Management | Lesson 13: Playing By the Rules | Lesson 13 Making a Good Plan | Lesson 14 Planning Ahead- A Biography and Class Project |
| Lesson 13 Angry 2 | Unit 4 Self Control and Anger Management | Lesson 13 Control Signals II: Using the Control Signals Poster | Lesson 14: Solving an Important Problem | Lesson 14 Trying Your Plan and Evaluating What Happens | Unit 3 Conflict Resolution |
| Unit 4 Self-Control | Lesson 13 Self-Control I (Anger Management) | Unit 4 Using Our Thinking Skills | Lesson 15 Avoiding Gossip | Lesson 15 Trying Again: Obstacles | Lesson 15 What is Conflict? |
| Lesson 14 Twiggle learns to do turtle 1 | Lesson 14 Self-Control II (Anger Management) | Lesson 14 Cross/Angry III (Baxter and His Temper) | Lesson 16 We Are All Unique | Lesson 16 Solving Problems – Dear Problem Solvers | Lesson 16 Conflict on the Court |
| Lesson 15 Twiggle learns to do Turtle 2 | Lesson 15 Self-Control III | Lesson 15 Making Good Choices | Lesson 17 Best Friends Story - Part 1 | Unit 3 Goals And Identity | Lesson 17 Conflict Resolution |
| Lesson 16 Turtle Technique review | Lesson 16 Calm or Relaxed and Relaxation Practice | Lesson 16 Problem-Solving Meeting I | Lesson 18 Best Friends Story - Part 2 | Lesson 17 Setting Goals and Reaching Your Goal - Biography | Lesson 18 Resolving Conflict |
| Lesson 17 Appropriate Turtles 1 | Unit 5 Anger Management and Problem-Solving | Lesson 17 Problem-Solving Meeting II: School Transitions | Lesson 19 Best Friends Story - Part 3 | Lesson 18 Setting a Goal: A Class Project To Improve the School | Lesson 19 Stating the Problem |
| Lesson 18 Appropriate Turtles 2 | Lesson 17 Control Signals Poster (Anger Management) | Unit 5 Friendship, Getting along With Others 1 | Lesson 20: Best Friends Story - Part 4: Making Up | Lesson 19 Setting a Goal and Making a Plan | Unit 4A Novel - Number the Stars Respect |
| Lesson 19 Calm or Relaxed | Lesson 18 Problem Discussion – Angry Arthur | Lesson 18 Listening to Others | Unit 3: Making Good Decisions | Lesson 20 Overcoming Obstacles - Biography of Jim Abbott | Lesson 21 Number the Stars |
| Unit 5 Sharing, Caring and Friendship | Lesson 19 Problem-Solving Meeting | Lesson 19 Fair Play Rules | Lesson 21 Making Good Decisions 1- Deressa's Choice | Unit 4 Making and Keeping Friends | Lesson 22: Number the Stars |
| Lesson 20 Sharing and Caring 1 | Lesson 20 Surprised, Expect | Lesson 20 Introduction to Manners: Why Are They Important? | Lesson 22 Making Good Decisions 2 - Refusal Skills | Lesson 21 Making New Friends | Lesson 23 Number the Stars |
| Lesson 21 Sharing and Caring 2 | Lesson 21 Problem Discussion On Surprised | Lesson 21 Shy and Lonely | Lesson 23 Making Good Decisions 3 -Loni's Challenge | Lesson 22 Joining In With Others | Lesson 24 Number the Stars |
| Lesson 22 Twiggle Special Day | Lesson 22 Problem-Solving/ Privacy and Telling Your Feelings | Lesson 22 Making Friends (Baxter Makes a New Friend) | Lesson 24 Making Good Decisions 4 - Thinking Ahead | Lesson 23 The Eagles and the Championship Cup Final: Part 1 | Lesson 25 Number the Stars/Problem solving steps |
| Lesson 23 Advanced Compliments | Unit 6 Friendship and Feeling Lonely | Lesson 23 Frustrated | Lesson 25 Making Good Decisions 5 - Alfie Learns a Lesson | Lesson 24 The Eagles and the Championship Cup Final: Part 2 | Lesson 26 Our Presentation 1 |
| Lesson 24 Feelings Review | Lesson 23 What Is A Good Friend? | Lesson 24 Being a Good Winner/Loser | Unit 4 Being Responsible and Caring for Others | Lesson 25 The Eagles and the Championship Cup Final: Part 3 | Lesson 27 Our Presentation 2 |

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| Unit 6 Basic Problem Solving | Lesson 24 Lonely | Lesson 25 Problem-Solving Meeting III – Friendship/Playtime | Lesson 26 Being Responsible | Lesson 26: Dealing With Teasing | Or Unit 4B - Respect |
| Lesson 25 Making Choices | Lesson 25 Making Friends | Unit 6 Feelings In Relationships 1 | Lesson 27 Being Responsible and Creating Change | Lesson 27 Self-Concept - Our Feelings and Friendships | Lesson 21 What is respect? |
| Lesson 26 Solving Problems | Lesson 26 Shy | Lesson 26 Jealous and Content/Satisfied | Lesson 28 Social Responsibility – A Class Project | Lesson 28 Managing Our Feelings | Lesson 22 Respect in the Community |
| Lesson 27 Solving problems with Friends | Lesson 27 Story/Activity on Shy and Problem-Solving Activity | Lesson 27 Like/Love and Dislike/Hate and Tolerance | Unit 5 Problem-Solving | Lesson 29: Forgiving and Resentful | Lesson 23 Respecting musical differences in the world |
| Unit 7 Intermediate Feelings | Lesson 28 Embarrassed | Lesson 28 Different Points Of View | Lesson 29 Problem 1 – Identifying Problem | Unit 5 Being Responsible and and Caring for Others | Lesson 24 Respecting food differences in the world |
| Lesson 28 Comfortable and Uncomfortable | Lesson 29 PATHS Review Lesson | Lesson 29 Guilty | Lesson 30 Problem 2 – Smart Vs Confused | Lesson 30 Dealing With Gossip | Lesson 25 Respecting differences- clothes |
| Lesson 29 Different Types of Feelings | Unit 7 Manners and Listening to Others | Lesson 30 Proud and Ashamed | Lesson 31 Problem 3 – Different Points Of View | Lesson 31 Rejected and Excluded | Lesson 26 Our Presentation 1 |
| Lesson 30 Excited | Lesson 30 By Accident, On Purpose | Lesson 31 Feelings Review 2: Guessing Game | Lesson 32 Problem 1 4 – Why Things Happen | Lesson 32: Stereotypes and Discrimination | Lesson 27 Our Presentation 2 |
| Lesson 31 Tired | Lesson 31 Manners 1 | Unit 7: Getting along With Others 2 | Lesson 33 Goals – Identifying Individual Goals | Lesson 33: Being Responsible and Creating Change - Biography | Unit 5 Endings and Transitioning |
| Lesson 32 Frustrated | Lesson 32 Manners 2 | Lesson 32: Keeping a Friend (Baxter's Challenge) | Lesson 34 Setting Positive Goals | Lesson 34 Caring For Others - Dr Martin Luther King Jr Speech | Lesson 28 Looking Back, Looking Forward |
| Lesson 33 Proud | Lesson 33 Manners 3 | Lesson 33 Making Up With Friends | Lesson 35 Reaching His Goal | Lesson 35 Authority I | Lesson 29 Wall of Worries – Building a Foundation |
| Unit 8 Advanced Feelings | Lesson 34 Manners 4 | Lesson 34 Greedy/Selfish and Generous | Lesson 36 Reaching Our Goals – Homework | Lesson 36 Authority II | Lesson 30 PATHS Reactions and Review |
| Lesson 34 Love | Lesson 35 Fair Play Rules | Unit 8 Feelings and Expectations | Lesson 37 Generating Solutions 1 | Lesson 37 Commemorating Others: The Titanic | Lesson 31 Planning a PATHS Party |
| Lesson 35 Worried | Lesson 36 Listening To Others | Lesson 35 Surprised, Delighted and Disgusted | Lesson 38 Generating Solutions 2 | Lesson 38 Honouring Others: Biography of Ray Davey | |
| Lesson 36 Disappointed | Lesson 37 Sharing | Lesson 36 By Accident, On Purpose | Lesson 39 Thinking Takes Time | Lesson 39 Being Responsible: A Class Project | |

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| Lesson 37 Jealous | Unit 8 Feelings / Emotions / Behaviours | Lesson 37 Disappointed and Hopeful | Lesson 40 Coping With Difficult Problems | Lesson 40 PATHS Reactions and Review | |
| Lesson 38 Furious | Lesson 38 Decision Wheel | Lesson 38 Fair/Not Fair | Lesson 41 PATHS Reactions and Review | Lesson 41 Planning a PATHS Party | |
| Lesson 39 Guilt | Lesson 39 Curious, Interested, and Bored | Lesson 39 Curious/Interested, Bored, Confused and Confident | Lesson 42 Planning a PATHS Party | Appendix A | |
| Lesson 40 Generous | Lesson 40 Proud, Ashamed | Lesson 40 Trying Harder/Overcoming Obstacles | | Lesson 1 Optional Lesson 1: Control Signals Poster 1 | |
| Unit 9 Wrap Up | Lesson 41 Story/Activity on Proud | Unit 10 Feelings In Relationships 2 | | Lesson 2 Optional Lesson 2: Control Signals Poster 2 | |
| Lesson 41 PATHS review | Lesson 42 Frustrated | Lesson 41 Malicious and Kind | | | |
| Lesson 42 Saying Goodbye | Lesson 43 Hopeful, Disappointed | Lesson 42 Rejected and Included | Schools can demonstrate embedding British values by: | | Democracy |
| Lesson 43 Ending and transitioning | Lesson 44 Story/Activity on Hopeful | Lesson 43 Teasing | Having an ethos which includes British values | Teaching and celebrating major faith festivals | Rule of law |
| Lesson 44 PATHS Party | Lesson 45 Problem Discussion on Frustrated or Disappointed | Lesson 44 Problem Solving Meeting IV: Bullying | Delivering the PATHS curriculum with fidelity | Visiting sites which appreciate British history and culture | Individual liberty |
| | Lesson 46 PATHS End of Year Review | Unit 11 Endings and Transitions | Having Healthy Schools status, active school council | Training staff to promote diversity and challenge prejudice | Mutual respect |
| | Lesson 47 Planning a PATHS Party | Lesson 45: PATHS Review Lesson 2 | Having a well planned RE curriculum | Having resources in school which show the diversity of British family life | Tolerance |
| | | Lesson 46: Planning a PATHS Party | | | |
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