

4 Grandparents

A group for grandparents who have their grandchildren living with them. Whatever their age, or whether you have an informal or formal care arrangement,

1st Wednesday of every month
10.00 – 11.30

In the Macey room

At MESH

Shrublands Centre,
Magdalen Way,
Gorleston NR31 7BP

- Come along for a chat and a tea or coffee.
- Meet other people in similar situations.
- Share ideas and experiences - what worked for you and what didn't work.
- Ask questions.
- Find out information.

If you can come, please phone or text Caroline on 07795044333 or email:- caroline.brand@norfolk.gov.uk so we make sure we bring enough refreshments.



Next meeting Wed 7th February 2018

Guest Speakers: Claire and Fiona from the School Nursing Team will explain their role

Look forward to seeing you there.